



# *COMMONWEALTH of VIRGINIA*

## *Department for the Aging*

Jay W. DeBoer, J.D., Commissioner

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**COMMONWEALTH of VIRGINIA**  
*Department for the Aging*  
 Jay W. DeBoer, J.D., Commissioner

**MEMORANDUM**

**TO:** Executive Directors  
 Area Agencies on Aging

**FROM:** Tim M. Catherman  
 Deputy Commissioner, Support Services

**DATE:** August 23, 2005

**SUBJECT:** Minority Owned Newspapers in Virginia

When public announcements are made such as advertisements for positions, notices of public hearings, and requests for proposals, please be aware of publications in your area that are directed primarily at members of minority communities. The Department of Human Resource Management has compiled a list of minority owned newspapers in Virginia. This list will be kept updated at:  
<http://www.dhrm.virginia.gov/publications/MinorityPublications.pdf>.

Publication Name	Location	Contact
Norfolk New Journal and Guide	Norfolk	(757) 543-6531
Richmond Free Press	Richmond	(804) 644-0496
Metro Herald	Alexandria	(703) 548-8891
Shenandoah Valley Hit	Harrisonburg	(540) 432-0416
Roanoke Tribune	Roanoke	(540) 343-0336
Hampton Roads Voice	Hampton Roads	(757) 244-5654
Richmond Voice	Richmond	(804) 644-5617
Asian Fortune	Centreville	(703) 968-0202
Omaid Weekly	Alexandria	(703) 922-6321
Pho Nho Vietnamese	Falls Church	(703) 533-0264
El Tiempo Latino	Arlington	(703) 527-7860
La Conexion	Fredericksburg	(540) 368-5055
Latino Impacto	Annandale	(703) 847-0810
Nuevas Raices	Harrisonburg	(540) 271-0799

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**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Tim M. Catherman  
Deputy Commissioner, Support Services

**DATE:** August 23, 2005

**SUBJECT:** Virginia Aging and AoA in the News

Below are Virginia Aging or AoA related articles that have occurred since last week's Tuesday E-mailing. These links do not require a paid service; however, some (like the Washington Post, etc.) ask a brief survey or registration. Please note some links are time sensitive and can change daily. Some articles may be editorial and/or political. Links are presented 'as is'.

If you are aware of additional articles, please e-mail me a link for inclusion next week.

**VDA and Virginia AAAs In the News**[Medicare drug talks offered](#)

Roanoke Times - Roanoke, VA

... Abell is based at the LOA Area Agency on Aging in Roanoke. ... than 150 percent of the federal poverty level may also be entitled to additional financial assistance ...

**Other**[Making a list and checking it twice good advice before a doctor's ...](#)

News Telegram - Hopkins County, TX

... However, if you want something a little more 'official', the Administration on Aging has a publication entitled "Personal Health Care Journal" which may help ...

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## MEMORANDUM

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Ben Garrett

**DATE:** August 23, 2005

**SUBJECT:** Free Credit Reports

As you may know, Virginians will become eligible to order one free credit report per year, beginning on Thursday, September 1. Here is some information and a warning from the FTC:

A recent amendment to the federal Fair Credit Reporting Act requires each of the nationwide consumer reporting companies Equifax, Experian, and TransUnion to provide you with a free copy of your credit report, at your request, once every 12 months. But there's only one online source authorized to do so. That's [annualcreditreport.com](http://annualcreditreport.com). Beware of other sites that may look and sound similar.

The Federal Trade Commission (FTC) advises consumers who order their free annual credit reports online to be sure to correctly spell [annualcreditreport.com](http://annualcreditreport.com), or link to it from the [FTC's website](#) to avoid being misdirected to other websites that offer supposedly free reports, but only with the purchase of other products. While consumers may be offered additional products or services while on the authorized web site.

The FTC has received complaints from consumers who thought they were ordering their free annual credit report online. Some consumers responded to TV ads, email offers, or simply searched online.

The FTC recently settled a lawsuit against Consumerinfo.com which did business as Experian Consumer Direct over the free credit report promotion it advertised on television, radio and the Internet, including its websites [freecreditreport.com](http://freecreditreport.com) and [consumerinfo.com](http://consumerinfo.com). If you ordered a free credit report from Consumer info between November 1, 2000 and September 15, 2003, and were enrolled in its credit monitoring program, you may be [eligible for a refund under the FTC's settlement](#).

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**MEMORANDUM**

**TO:** Executive Directors  
Area Agencies on Aging

**FROM:** Ellen Nau, Human Services Program Director

**DATE:** August 23, 2005

**SUBJECT:** Best Practices to Share with AoA

VDA will experience its yearly visit from our regional AoA office in mid-September. There are many wonderful programs benefiting the Commonwealth's elderly population at the Area Agencies on Aging. I would like to share some of these programs with AoA staff. Attached is a form for you to share best practices in the following program areas:

Title III E National Family Caregiver Support Program;  
Title III B In-Home Services (care coordination, homemaker, personal care, checking, chore and adult day care);  
Kinship Care and,  
Outreach to clients with Limited English Proficiency.

Please submit as many programs as you want but each project must be described on its own form. You may duplicate the form keeping the same format. Best practices should be submitted to [Ellen.Nau@vda.virginia.gov](mailto:Ellen.Nau@vda.virginia.gov) or Ellen Nau, Virginia Department for the Aging at 1610 Forest Avenue, Suite 100 Richmond, Virginia no later than September 6, 2005. (FAX: 804-662-9354)

Don't be modest! You and your staff have developed many fine and unique programs to meet the needs of the elderly. I am expecting a great response!

## Best Practices

Area Agency on Aging: \_\_\_\_\_

**Name of Project or Service Activity:**

**Description:** (Note expected outcomes and any project problems addressed)

(Continue on additional pages if necessary)

**Target Population:**

**Funding Sources (including In-Kind Support) and Project Partners:**

**Contact Information:**

Name:

Position Title:

Phone:

Email: